



Rebuilding Better

As we close the books on fiscal year 2023, we are delighted to share with you the remarkable successes and achievements of Change Through Sport. It is with both pride and gratitude that we reflect on the impactful strides we have made in our mission to positively impact our communities through sport!

Like many organizations in our space, the COVID-19 pandemic brought about unprecedented challenges. As an organization, we have been focused on rebuilding after the pandemic and are proud that Change Through Sport has emerged stronger, more agile, and more committed than ever to our mission. This past year, through the collaborative efforts and unwavering dedication of our great team, amazing volunteers, generous donors and incredible community partners, we have achieved significant milestones.

Here are some highlights of our accomplishments:

- Program Expansion: We continued to serve the Rexdale community through our Rexdale Volleyball Program and, through the generous support of our donors, were able to fund 3 part time paid positions for community youth.
- Extended Reach: Our Toronto Blind Tennis Program saw our best ever post-pandemic participation levels. Additionally, we were invited to Ottawa and London to teach the sport of Blind Tennis in new communities.
- Financial Stability: Thanks to the commitment of our team and our incredible donors and sponsors, we saw an increase of 240% in revenue from 2022 to 2023.
- New Communities: We continued to grow our presence in Montreal, partnering with Teen Haven and Tyndale St. Georges Community Centre to deliver new programs including Winter Skating and Summer Cycling.
- New Opportunities: We partnered with Jane/Finch Community Tennis Association and Philipott Children's Tennis for the "Serving Up" project, delivering 2 youth-led projects and 1 sports internship and acquiring invaluable learnings to propel our goal of sustainable capacity building.

None of these achievements would have been possible without the incredible work and support of our team, volunteers, donors and partners. Whether through volunteering, making a donation, or advocating for our cause, their contributions have truly driven our success. We are incredibly grateful and look forward to continuing to journey together!

With Gratitude,

Jessica Poon Co-founder & Chairperson of Board of Directors Change Through Sport

IMPACT SNAPSHOT

(November 1, 2022 to October 31, 2023)

Rexdale Volleyball Program

34



Rexdale Youth Registered 5



Alumni Giving-Back 3

Part-time Paid
Positions for Youth

76 ***

Hours of Training

Toronto Blind Tennis Program

23



Visually impaired and blind participants

844

38 h

Locations - Pauline Johnson Junior PS (indoor) & Iroquois Tennis Club (outdoor)

Teen Haven Partnership - Multi-sport

121

Female at-risk youth

2

Introduced
Cycling & Staking

16 🖈

Events

Locations - London,
Ottawa, North York,
Scarborough,
Richmond Hill,
Rexdale & Little
Burgundy

5

Introduced Blind Tennis, Tennis, Skip Rope, Jogging, Hula-hoop and Volleyball 200+ **M**

Participants engaged in physical activities

Toronto

Rexdale Volleyball Program

With the support of the Toronto Foundation and the Rexdale Community Hub, we provided another indoor volleyball season from September 2022 to June 2023 for 30+ Rexdale youth locally and free of costs. 3 alumnus worked tirelessly to make this program possible - thank you Coach Jim, Anthony, and Jaskarn for your time and dedication to your community!

Toronto Blind Tennis Program

It was a world wind year for our Toronto Blind Tennis team. Supported by the Ontario Trillium Foundation, we increased our services by conducting workshops with the Consortium Centre Jules-Léger in Ottawa, Ontario Blind Sports Association in London, and a city of Toronto summer camp. In total, these workshops provided 82 participants exposure blind tennis for the first time! Coupled with our indoor and outdoor seasons made possible due to Iroquois Tennis Club and Tennis Canada, we served 23 players this year.



Montreal

Teen Haven Partnership

2 years and our partnership continues to grow. What initially started as standalone sporting workshops has now grown to seasonal programs with the support of Canadian Tire Jumpstart Charities. In the winter of 2022-2023, we operated a joint skating program together to keep the diverse female youth at Teen Haven physically active during the winter months. Following that, we started a summer cycling program in 2023 and conducted workshops on selfesteem, building confidence, and the importance of active living. It has been a privilege to support the youth at Teen Haven. We look forward to future engagements!

Tyndale St. Georges Community Centre

With the support of ParticipACTION, we hosted 2 sporting events in the Little Burgundy neighborhood of Montreal. In total 18 leaders participated in a train the trainer workshop and 66 community members learned to play the sport of tennis - many of whom for the first time!



SERVING UP - GAME CHANGER PROJECTS Collective Impact Strategy

In partnership with Philpott Children's Tennis and Jane/Finch Community Tennis Association, we developed and piloted new approaches in creating economic opportunities for our youth. Together we established a joint committee with youth representation between the 3 organizations, a terms of reference, and a process for rolling out and monitoring the pilots.

Thanks to the support of the George Cedric Metcalf Foundation and Canadian Heritage, we have been able to test out the below pilots. As we enter phase 3, we look forward to the final testing and ascertaining the results to create a collective impact strategy.

PROJECTS

DETAILS

2 Youth-led Projects

1 blind and 1 sighted youth organized and led a multi-sport day for 22 individuals

1 Rexdale youth organized a volleyball clinic for 6 participants

1 Sports Internship

1 Rexdale youth placed in joint internship with Thundercats Volleyball Club and Change Through Sport

OUTCOMES

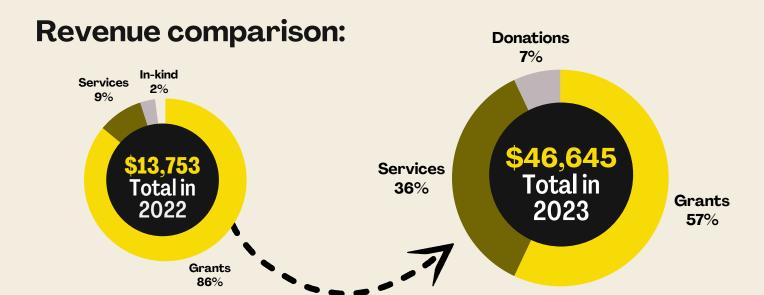
- Increased project management skills and business acumen for youth project manager(s) and supporting youth
- Increased new community event(s) for blind and visually impaired community, and residents of Rexdale
- Increased access to a sports management job and professional development opportunities for Rexdale youth



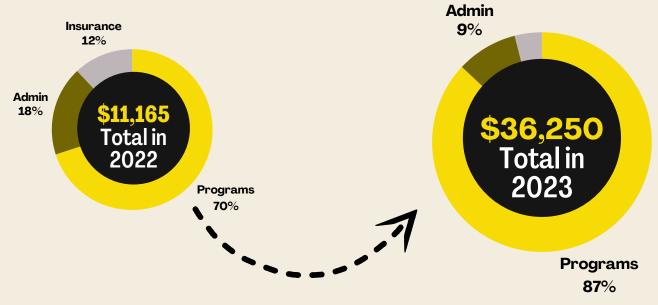
FINANCIALS

Yearly Revenues 2022 & 2023

240% REVENUE INCREASE FROM 2022 TO 2023







WE COULDN'T HAVE DONE IT WITHOUT YOUR GENEROUS SUPPORT.

THANK YOU TO OUR DONORS!

We would like to recognize the generous contribution of:

- Toronto Foundation (Voss-Li and MacFeeters Family Funds)
- Canadian Tire Jumpstart Charities
- · A.S. Hayes Consulting Inc.
- ParticipACTION
- Ontario Sports Network
- Metcalf Foundation
- · Canadian Heritage
- Canadian Women & Sport
- Tennis Canada

Our partners:

- Rexdale Community Hub (our trustee)
- Teen Haven
- Iroquois Tennis Club
- Tennis Quebec
- Jane/Finch Community Tennis Association
- Philpott Children's Tennis
- Toronto Accessible Sports Council

We are truly grateful for your support and trust. Without you, we would not be able to continue our work.



RECOGNIZING OUR VOLUNTEERS

THANKS FOR YOUR HARD WORK!

Without the following remarkable people, none of our work would have been possible. Take a moment to read through their names to recognize

and honor them with us!

Jessica Poon

Esther Fung

Alan Man

Fei Chan

Yew Meng Heng

Suzanne Stead

Marianne Sulistyo

John Lu

Sherif Eltramsy

Mabel Chow

Wai-Lam Liu

Nikki Kennett

Jamal Senior

Jerome Chan

Alan Ma

Jaskarn Kalsi

Jim Phan

Anthony DeBatista

Jordon Chang

Edmund Li







